

Workforce Health, WorkFit Services
Job Capacity Statement
GPP Ambulance Officer



The information below is designed to give you an **indication** of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries

Environmental Job Factors
Possible Exposure to Infectious Diseases
Emergency Driving
Shift length > 10 hours; shift work

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	High
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Moderate
Exposure to Confrontational Situations	High
Exposure to Emotional Situations	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	High
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	Moderate
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	High

Psychological Demands (Cognitive)		Highest Level Of Complexity
Abstract	Problem Solving & Critical Thinking (including judgement)	High
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	High
Numerical	Number Skills	Moderate
Processing	Quick Thinking	Moderate
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	High
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate

Physical Demands		Frequency (8 Hour Shift)	Max Load
Dynamic Strength			
Floor to Waist Lift	Infrequent: up to 10 minutes		35kg
One handed Carry	Infrequent: up to 10 minutes		12kg
Two handed Carry	Infrequent: up to 10 minutes		25kg
Pull	Infrequent: up to 10 minutes		30kg
Push	Infrequent: up to 10 minutes		16kg <i>NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force</i>
Waist to Eye Level Lift	Infrequent: up to 10 minutes		17kg

Physical Demands		Frequency (8 Hour Shift)	Max 'at one' Time
Manual Task Postures			
Lunge - Forward/Backward		Required	-
Lunge - Sideways		Required	-
Maintain Balance Against External Forces		Required	-
Position Tolerance Activities			
Kneeling		Occasional: up to 2.5 hours	20 mins
Neck Flexion		Occasional: up to 2.5 hours	5 mins
Sitting		Frequent: up to 5 hours	60 mins
Standing		Frequent: up to 5 hours	45 mins
Work Bent Over- Standing		Occasional: up to 2.5 hours	5 mins
Work Crouching/Half Kneel		Occasional: up to 2.5 hours	10 mins
Upper Limb			
Forward Reach		Occasional: up to 2.5 hours	30 mins
Grip		Occasional: up to 2.5 hours	30 mins
Keying/Mousing		Infrequent: up to 10 minutes	5 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)		Frequent: up to 5 hours	15 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Requirements – Please refer to the Role Description for Risk Category and further information on the SA Health website: Health care worker immunisation requirements	
Risk Category	Risk Category Description
A	Direct contact with blood or body substances